



Kirstin Schumaker, LMT, BCSI^{CM}
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Education and Certifications

Since 2007 Board Certified Structural Integrator^{CM} (BCSI^{CM})
2004-2005 KMI Structural Integration Training, Thomas Myers (500 hrs)

Since 1998 Licensed Massage Therapist, Oregon (license # 6582)
1996-1998 Oregon School of Massage (600+ hrs, shiatsu emphasis)

1987-1991 Evergreen State College, BA, Environmental Studies

Continuing Education—Anatomy and Manual Therapy

2012 Visceral Manipulation for Structural Integrators (56 hours)

2011 Functional Methods (99 hrs)
Advance Intraoral Techniques (21 hrs)

2010 Neural Mobilization—Part II, (32 hrs)
Neural and Visceral Mobilization (32 hrs)

2009 KMI Advanced Training—Part II (42 hrs)
Coordinating the Peripheral Nerves (21 hrs)

2007-2008 The Neurology of Fascia, Levels I, II (54 hrs)

2005-2006 Visceral Approach to the Nervous System, (21 hrs)
Visceral Manipulation I, II, III (84 hrs)

1999-2000 Proprioceptive Neuromuscular Facilitation (47 hrs)

Teaching and Leadership Experience

2012-13 Teacher, Nerve Mobilization and Dynamic Fascial Release
2013 Teaching Assistant, KMI Structural Integration Training, Portland

2012 Associate Teacher of Anatomy Trains®, completed training
Speaker, Oregon Association of Athletic Trainers symposium

2011 Teacher, Fascial Manipulation Techniques for Athletic Trainers,
PSU Athletic Department, Portland, Oregon

2009-2010 Teaching Assistant, Neural Mobilization—Part I with Jon Martine

2006-2011 Teaching Assistant, Anatomy Trains® workshops with Lauren Christman

1997-1998 Teaching Assistant, self-defense and martial arts,
as a student at One with Heart, Portland, Oregon

1983-1990 Assistant Camp Director, Camp Counselor, taught outdoor skills and sailing

Movement Training and Exploration

yoga, contact improv dance, martial arts, running, and various sports